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# World Autism Acceptance Month

Every April, World Autism Acceptance Month brings greater attention to Autism Spectrum Disorder (ASD) and encourages everyone to accept, understand and support those with ASD.

ASD is an umbrella term for a group of complex brain development traits. These traits are often characterized by difficulties in social interaction, problems with verbal and nonverbal communication and repetitive behaviors.

People affected by autism often struggle to find acceptance from those around them, resulting in bullying, prejudice, limited job opportunities and

difficulty accessing health care. While education about ASD is important, advocates argue that what those with autism really need are awareness, acceptance, inclusion and community support.

If you or any of your household family members need ASD-related support, contact your Employee Assistance Program for emotional counseling, legal and financial guidance, and Work-Life assistance.

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## 24/7 Live Assistance

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