



GuidanceResources®

## April 2: World Autism Awareness Day

World Autism Awareness Day is held every April 2 in an effort to bring greater attention to Autism Spectrum Disorder, the search for a cause and, potentially, a cure.

Autism Spectrum Disorder, or ASD, is an umbrella term for a group of complex brain development disorders. These disorders are characterized by difficulties in social interaction, problems with verbal and nonverbal communication and repetitive behaviors.

There is no medical detection or cure for autism, but studies have shown that early intervention improves learning, communication and social skills in young children with the disorder.

If anyone in your family is struggling with a developmental disorder, your Employee Assistance Program (EAP) can lend a hand.

Whether you're seeking family counseling, support services, legal guidance for Individualized Educational Plans or appropriate child care and development centers, your EAP can help you find it.

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